


IT'S WORTH REPEATING

"I am of the opinion that my life belongs to the whole community and as long as I live, it is my privilege to do for it whatever I can."
~ George Bernard Shaw

Zika Virus is Headline News



Mosquito Bite Protection in Florida
FloridaHealth.gov • Florida Department of Health

Mosquitoes can bite indoors and will bite at any time, day or night.

Use Environmental Protection Agency (EPA)-registered insect repellents.

Wear repellents on you or children. Use products with active ingredients that are safe and effective.

- Always follow the product label instructions.
- Do not spray repellent on the under clothing.
- Do not use sunscreen, lotions or lotions before repellent.
- Use safe for pregnant or nursing women (DEET approved repellent if applicable) to protect your baby.
- Learn more: www.fda.gov/insect-repellents

USE INSECT REPELLENT WITH ONE OF THESE ACTIVE INGREDIENTS:

- DEET →
- Picaridin (Icaridin) (Icaridin) →
- IR3535 →

SHANG CHANGPILIN • Chinese brand name may vary.

- QM - Citronella, Lemongrass, Citronella
- May be Safe Bug Bite and Bite
- Repel
- May be Safe Bug Bait Plus Repellent, Skin Lotions

High percentage of active ingredients longer protection

If you have a baby or child:

- Always follow product instructions when applying insect repellent to children.
- Always wear repellent on your hands before applying to a child's skin.
- Do not apply insect repellent to a child's face, hands, feet or irritated skin.
- Do not use insect repellent on babies younger than 2 months.
- Do not use on small children in hot tubs or saunas and hot.
- Cover cribs, strollers or baby carriers with mosquito netting.

Come up with clothing:

- Wash long sleeves and long pants.
- Mosquitoes can bite through thin clothing. Treat clothes with permethrin or another EPA registered insecticide for extra protection.

Use permethrin-treated clothing and gear.

- Permethrin is a pesticide that kills mosquitoes and other insects.
- Wash permethrin-treated clothing and gear (sheets, pants, socks, towels, or car seats) before use and follow product instructions.
- Read product information to find out how long the permethrin will last.
- Do not use permethrin products directly on skin.

www.fda.gov/insect-repellents

Health Foundation of South Florida recognizes your dedication to our community. As partners in building a healthy South Florida, we are sharing information on the Zika virus from the Florida Department of Health. Among the ways they are keeping the public informed is by covering our state with dynamic posters.

For your convenience, here is a link to seven posters which are available in English, Spanish, Portuguese and Creole. There is also a poster for pregnant women.

<http://broward.floridahealth.gov/programs-and-services/infectious-disease-services/epidemiology-and-disease-control/zika-prevention.html>

Please forward this email, create your own mailing or print copies of the posters to share with people where you live, work and play. Additional information is available for Miami-Dade County at <http://miamidade.floridahealth.gov/> Monroe County <http://monroe.floridahealth.gov/> and Broward County <http://broward.floridahealth.gov/>

According to the Centers for Disease Control and Prevention, the virus, named after the Zika Forest in Uganda, was discovered back in 1947. This year, the World Health Organization (WHO) declared the Zika virus a Public Health Emergency of International Concern. And today, we can proclaim our commitment to caring by helping to share information on preventing this virus.

Thank you for passing it forward.

Health Foundation of South Florida, a nonprofit grantmaking organization, is dedicated to improving health in Broward, Miami-Dade and Monroe Counties. By advancing health solutions, the Foundation makes a measurable and sustainable impact in ensuring access to affordable, quality health services for all residents. Since 1993, the Foundation has awarded \$115 million in grants and program support. For information, please call 305.374.7200 or visit www.hfsf.org



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